



Dear Fifth grade parent/guardian:

On November 17th, 20th, and 21st, your student will attend three 45 minute informational sessions about Human Growth and Development. Content will include the physical and emotional changes that happen to the body during puberty. In addition we will introduce HIV/AIDS and other blood borne pathogens. Boys and girls will be taught separately and cover material for both genders. We encourage you to view the videos listed below prior to the class in order to familiarize yourself with the information presented and facilitate conversation with your child.

As parents, we know the conversation about sex can be difficult or possibly embarrassing to conduct. To help develop a plan, Bethany for Children & Families and Edgerton Women's Health Center have developed a website titled Know What to Say (<http://www.knowwhattosay.org/>). This site provides a way to begin the conversation with your child, locate informational and helpful resources, and an opportunity to reach out to them for suggestions. It is never too early or too late to begin thinking about how you will have this conversation with your children.

***Videos**

1) The puberty video can be found on the Proctor and Gamble website at

www.pgschoolprograms.com/parents

*Scroll down to videos and click the picture above "Always Changing Co-ed",
25 minutes

2) The HIV/AIDS video can be found on the Learn 360 website at www.learn360.com

Login-5250rhes

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"AIDS Facts for Kids", 10 minutes, by Marshmedia

Please contact your school nurse or counselor with questions or if you do not want your child to participate.

Stacy Schick RN

schickstacy@pleasval.k12.ia.us

Leslie Wonderlich, counselor

wonderlichleslie@pleasval.k12.ia.us